

LAUREN POWERS
PLAYERS TALENT AGENCY

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www.laurenpowers.com

Member SAG/A.F.T.R.A

Hair: Blond Height: 5'8"
Eyes: Blue Weight: 160
Athletic, Muscular

FILM

Groovy Baby	Producer and Star	Powers Productions
Male Surplus	Star	Global Productions
Close Encounters of the 4 th Kind	Supporting Role	Global Productions
Super Amazon	Lead Star	New Cinema
No Pain No Gain	Cameo	Sam Turcotte Film

TV

TLC My Strange Addiction	Featured
Spike TV 1000 Ways To Die	Featured
Lady Gaga Video Telephone	Featured
Last Comic Standing	Guest
TYRA Banks Show	Lead Guest
WE Channel	Featured Guest
MTV	Guest
Freddie Sitcom	Co-Star
Jenny Jones	5 Guest Appearances inc the #1 rated episode Co-Star
BBC	Documentary
HBO Arliss	Featured
FOX, Best Damn Sports Show	Featured
NBC Weakest Link	Co-Star
KSEX.com	Featured
Monk	Special Character
Test the Nation	Featured Bodybuilder
Valley City Store	Principal Performer
Jimmy Kimmel Live	Opening act
<u>Bodybuilding.com</u>	Commercial, Supporting Cast
Hallmark Movie	Supporting Cast

Bodybuilding Titles

Ms. Muscle Beach
Ms. California State

Ms. Orange County
Jan Tana Champion

Hosting Events

Arnold Classic: '04 through '11
Sturgis Rally: '06

Ms. Olympia: '04 through '10
Laughlin River Run: '06

Print Media

Muscular Development	'06-'07	Articles/Photos
Bizarre UK	'05	Featured and Cover
Muscle Elegance	'03	Women's Physique World Intl. Issue
Cover	'04	Article/Photos
Muscle & Fitness	'01 -'06	Articles/Photos
Flex Magazine	'01 & '02	Articles/Photos
Full Throttle	'00 '06	Article/Photos

Special Skills

EMT certified Firefighter, Stunt Fighter, Ballroom Dancing, Certified YOGA Instructor, Personal Trainer, Sword Fighting, Action Hero Stunt, Surfing including long board tricks, Professional Skateboarder, Scuba Diving, Sky Diving, Snow Skiing, Rollerblading, Licensed Motorcycle Rider, Most All Sports.